

# Cirkidz SPRING School Holiday Program 2015

Monday Sept 28	Tuesday Sept 29	Wednesday Sept 30	Thursday Oct 1
8.30am - 12pm <i>Drop off from 8am</i>	8.30am - 12pm <i>Drop off from 8am</i>	8.30am - 12pm <i>Drop off from 8am</i>	8.30am - 12pm <i>Drop off from 8am</i>
<b>Cirkidz Extravaganza</b> A morning bursting with circus fun! Beginners will get a taste of everything the circus has to offer: juggling, aerial, acrobatic skills, and more. Perfect for total beginners through to those with previous circus experience.	<b>Acrobatics &amp; Balance</b> Did you know that acrobatics isn't just tumbles and flips? Discover Acro skills including partner and group balancing, human pyramids, and more! Mix up the session by testing your balance on rola-bola, globe, tight rope, head- and handstands and stilts.	<b>Bounce</b> This session is all about tumbling, acrobatics, bouncing, and rolling. It's perfect for both kids with gymnastics backgrounds, and the ones who just love leaping off the couch! With sprung floors and four kinds of trampoline (plus plenty of crash mats!) you'll bound through the afternoon.	<b>Soar</b> Even more altitude! Soar will give you the chance to perfect your tricks and learn some challenging new skills like parkour and free-running so you can fly over buildings and walls. If you didn't attend Wednesdays session, trainers will introduce you to all the aerial excitement of the first session.
Lunch break	Lunch break	Lunch break	Lunch break
12.30pm - 4pm <i>Collect by 5pm</i>	12.30pm - 4pm <i>Collect by 5pm</i>	12.30pm - 4pm <i>Collect by 5pm</i>	12.30pm - 4pm <i>Collect by 5pm</i>
<b>Cirkidz Extravaganza</b> With over 55 different skills on offer we couldn't possibly fit them all into a morning. All the tumbling, aerial, juggling and balancing that you can handle, and then some!	<b>Bounce</b> This session is all about tumbling, acrobatics, bouncing, and rolling. It's perfect for both kids with gymnastics backgrounds, and the ones who just love leaping off the couch! With sprung floors and four kinds of trampoline (plus plenty of crash mats!) you'll bound through the morning.	<b>Soar</b> Take flight with Cirkidz. This morning's session will get you up in the air, on the trapeze, tissu and cloud swing. If that's not enough altitude, climb to the top of a human pyramid and see how high you can soar on our huge trampolines.	<b>Acrobatics &amp; Balance</b> Kick the morning off with even more of your favourite activities. Improve your skills, test your balance and challenge your friends! Learn to tumble, fall and flip your way to the big top.
Circus craft until pick up	Circus craft until pick up	Circus craft until pick up	Circus craft until pick up

- Cirkidz Holiday Programs are designed for complete beginners through to those with circus, gymnastics or dance experience. Perfect for ages 6 - 12.
- Cirkidz provides healthy snacks for morning and afternoon tea, so BYO lunch and a water bottle. Please wear comfy, stretchy clothing without zips or buckles. Participants will be barefoot in most sessions, but some activities like unicycle require shoes, please bring closed sport shoes with you.
- Sessions are \$55/half day, \$100/full day or \$500 for the full program. 10% discount applies for 2nd and subsequent child enrolments and Health Care Card holders. Participants who are new to Cirkidz will get a free trial class in our Circus School program. Book now at [cirkidz.org.au](http://cirkidz.org.au)

# Cirkidz SPRING School Holiday Program 2015

Tuesday Oct 6	Wednesday Oct 7	Thursday Oct 8	Friday Oct 9
8.30am - 12pm <i>Drop off from 8am</i>	8.30am - 12pm <i>Drop off from 8am</i>	8.30am - 12pm <i>Drop off from 8am</i>	8.30am - 12pm <i>Drop off from 8am</i>
<b>Cirkidz Extravaganza</b> Roll up, roll up! Juggling, aerial, acrobatic skills and more are just some of the things you could get up to during this morning session. Perfect for total beginners through to those with previous circus experience. There is something for everyone!	<b>Bounce</b> This is one of our most popular sessions so book in quick to avoid disappointment! Tumbling, acrobatics, bouncing and rolling, it's all happening during this session. Time won't be the only thing flying during this session!	<b>Soar</b> This morning's session will have you up in the air, on the trapeze, aerial tissu and cloud swing. See how high you can soar on our huge trampolines as you take to the air with the greatest of ease. You'll be soaring to new heights in no time.	<b>Acrobatics &amp; Balance</b> Test your balance on rola-bola, globe, tight rope, head and handstands and stilts. Try out Acro skills including partner and group balancing, human pyramids and more! Discover new skills and master old ones in this fun morning session.

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