

# Super Spring

## CIRKIDZ HOLIDAY PROGRAM

SA Circus Centre - Home of Cirkidz, 27 Fifth St BOWDEN SA

		MON 2nd OCT	TUES 3rd OCT	WED 4th OCT	THURS 5th OCT	FRI 6th OCT
OCT 2023 WEEK 1		<b>PUBLIC HOLIDAY</b>	8:30am - 12pm <b>OFF THE WALL</b>	8:30am - 12pm <b>CIRCUS PICK'N'MIX</b>	8:30pm - 12pm <b>SPARKLY NINJA</b>	8:30pm - 12pm <b>CIRCUS SMORGASBORD</b>
	Lunch Break and DVD chill out time 12pm - 12.30pm					
		<b>PUBLIC HOLIDAY</b>	<b>NO SESSION</b>	12:30pm - 4pm <b>OFF THE WALL</b>	12:30pm - 4pm <b>SOAR &amp; MORE</b>	12:30pm - 4pm <b>READY, SET, CIRCUS!</b>
					12:30pm - 4pm <b>PARKOUR</b>	
Pick up from 4pm - 5pm during DVD chill out time						

		MON 9th OCT	TUES 10th OCT	WED 11th OCT	THUR 12th OCT	FRI 13th OCT
OCT 2023 WEEK 2		8:30am - 12pm <b>OFF THE WALL</b>	8:30am - 12pm <b>CIRCUS PICK'N'MIX</b>	8:30am - 12pm <b>SOAR &amp; MORE</b>	<b>NO SESSION</b>	8:30am - 12pm <b>SOAR &amp; MORE</b>
	Lunch Break and DVD chill out time 12pm - 12.30pm					
		12:30pm - 4pm <b>SOAR &amp; MORE</b>	12:30pm - 4pm <b>CIRCUS SMORGASBORD</b>	12:30pm - 4pm <b>CIRCUS PICK'N'MIX</b>	12:30pm - 4pm <b>SOAR &amp; MORE</b>	12:30pm - 4pm <b>OFF THE WALL</b>
		12:30pm - 4pm <b>PARKOUR</b>				
Pick up from 4pm - 5pm during DVD chill out time						

**Pricing: \$55** per half day or discounted price of **\$100** per full day

ABOUT THE SESSIONS

<p><b>CIRCUS PICK'N'MIX</b></p> <p>You never know what you'll get in this mixed bag of circus fun. Close your eyes and pick activities out of our circus hat! It could be games, trampoline, aerial, hula and more! Whatever it is, it's sure to be exciting!</p> <p><b>For ages 5 - 12</b></p>	<p><b>CIRCUS SMORGASBORD</b></p> <p>All you can eat circus fun and action! Experience a buffet of circus disciplines. Aerial, trampoline, manipulation including hula, juggling and flower sticks, basic tumbling, acrobatics and more!</p> <p><b>For ages 5 - 12</b></p>	<p><b>SOAR &amp; MORE</b></p> <p>It's all about aerial! Come and try trapeze, tissu silks, cloud swing, hoop and more! Soar &amp; More will give you the chance to perfect your skills or learn some new ones. Build core strength and confidence as you learn and make friends in the sky!</p> <p><b>For ages 5 - 12</b></p>	<p><b>OFF THE WALL</b></p> <p>Tumbling, acrobatics, bouncing, rockin' and rolling! With sprung floors and four kinds of trampoline and a massive foam pit (plus plenty of crash mats) this session will see your child bouncing off the wall with excitement.</p> <p><b>For ages 5 - 12</b></p>
<p><b>PARKOUR</b></p> <p>Train with SAPA-accredited instructors as you run, leap and roll through our fully equipped and safe facility. Find the most creative way from point A to point B! Beginners welcome.</p> <p><b>Strictly for ages 8 - 12</b></p>	<p><b>READY, SET, CIRCUS!</b></p> <p>It's time to gather your wits and be ready for anything in this session featuring circus games and challenges! Bounce, climb, roll, chase, throw and sneak your way through the circuits alongside your teammates and learn new skills too.</p> <p><b>For ages 5 - 12</b></p>	<p><b>SPARKLY NINJA</b></p> <p>Ninja Circus Warriors unite! Our Sparkly Ninja (aka Trainer Russell) will draw on his Ninja Warrior runs to fashion a series of circus obstacle courses for you to navigate! Sparkly costumes are highly encouraged.</p> <p><b>For ages 5 - 12</b></p>	<p><b>NB: Food not included!</b></p> <p>Please pack lunch if attending all day. All participants should bring lots of snacks and a water bottle.</p>

### AGE GUIDELINES

All programs with the exception of Parkour are designed for ages 5-12. For safety reasons Parkour is strictly for ages 8-12.

### BOOKINGS

Book online today at [cirkidz.org.au](http://cirkidz.org.au). You can also call **8346 5735** or email [circus@cirkidz.org.au](mailto:circus@cirkidz.org.au).

**10% discount** applies for 2nd and subsequent child enrolments and Health Care Card holders.

### LET'S KEEP COVID-SAFE

Cirkidz facilities and activities are Covid-safe. Read more about our safety measures at [cirkidz.org.au/holiday-programs](http://cirkidz.org.au/holiday-programs)

Cirkidz is a Not-For-Profit Organisation & Registered Charity

